

BABY BLUES - Couples & Solo

By Unknown

Music: Blues 4/4

Hold: Kilian

Tempo: 88 BPM

Pattern: Set

Step 1 RFO (2 beats) is a stroke on the outside edge in the direction of the long axis and **Step 2 Run LFI** (2 beats) is a run that begins parallel to the long axis and finishes away from it.

Step 3 RFI (2 beats) is an angular stroke on the inside edge that travels in the direction of the long side barrier, followed by **Step 4 LFO** (2 beats) which intersects the short axis before the 2nd beat.

Step 5 Run RFI (2 beats) is a run that curves in the direction of the long axis and **Step 6 LFI** (2 beats) is an angular stroke on the inside edge that travels in the direction of the long axis.

Step 7 RFO Sw Parallel/I Sw (1+1+1+1 beats) begins with a stroke on the outside edge. The free leg swings forward on the 2nd beat. On the 3rd beat, the free leg becomes parallel to the skating foot, with a simultaneous change of edge to inside. On the final beat, the free leg swings behind the body in a trailing position. This step begins parallel to the long axis and finishes in the direction of the long side barrier.

Step 8 LFO (2 beats) is a stroke on the outside edge and **Step 9 Run LFI** (2 beats) is a run curving away from the short side barrier.

Step 10 LFI (2 beats) is an angular stroke on the inside edge, followed by **Step 11 RFO** (2 beats) which starts on the long axis.

Step 12 XR LFO (2 beats) is a cross roll on the outside edge that is skated in the direction of the short side barrier, followed by **Step 13 Run LFI** (2 beats).

Step 14 LFO Sw (2+2 beats) is a stroke with a swing of the free leg on the 3rd beat. This step begins near the long side barrier and finishes in the direction of the long axis.

REFERENCE STEPS:

- **Step 4** must start before the short axis and must finish after it.
- **Step 11** must begin on the long axis.

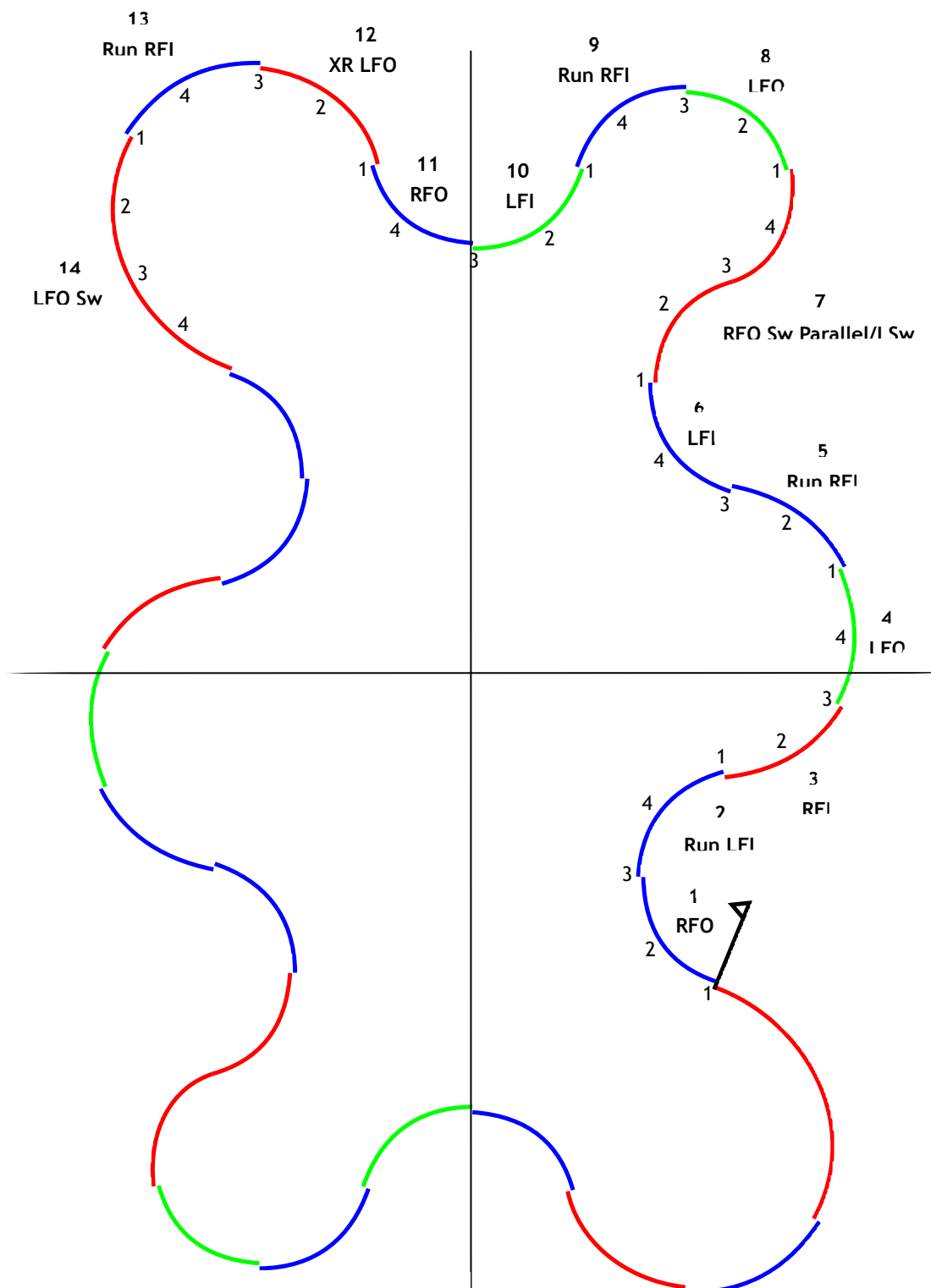
Key Points - Baby Blues Couples & Solo

1. **Step 3 RFI** (2 beats):
 - Correct timing of the step.
 - Correct technical execution of the angular stroke on a clear inside edge.
 - For couples: Correct Kilian position of the couple without any separations.
2. **Step 7 RFO Sw Parallel/I Sw** (1+1+1+1 beats):
 - Correct technical execution and timing of the swing in front on the 2nd beat.
 - Pay attention to the placement of the feet which should be closed together in a parallel position on the 3rd beat. The COE must be done with a clear change of lean on the 3rd beat.
 - Correct technical execution and timing of the swing in back on the 4th beat, without any deviation from the inside edge.
 - For couples: Correct Kilian position of the couple without any separations.
3. **Step 12 XR LFO** (2 beats):
 - Correct timing of the step.
 - Correct technical execution of the cross roll on a clear outside edge with a progressive movement of the left foot.
 - For couples: Correct Kilian position of the couple without any separations.
4. **Step 14 LFO Sw** (2+2 beats):
 - Correct technical execution and timing of the swing on the 3rd beat.
 - No deviation from the outside edge.
 - For couples: Correct Kilian position of the couple without any separations.

Baby Blues - List of Steps

HOLD	STEP	MAN'S STEPS	MUSICAL BEATS	WOMAN'S STEPS
Kilian	1	RFO	2	RFO
	2	Run LFI	2	Run LFI
	3	RFI	2	RFI
	4	LFO	2	LFO
	5	Run RFI	2	Run RFI
	6	LFI	2	LFI
	7	RFO Sw Parallel/I Sw	1 + 1 + 1 + 1	RFO Sw Parallel/I Sw
	8	LFO	2	LFO
	9	Run RFI	2	Run RFI
	10	LFI	2	LFI
	11	RFO	2	RFO
	12	XR LFO	2	XR LFO
	13	Run RFI	2	Run RFI
	14	LFO Sw	2 + 2	LFO Sw

BABY BLUES



COLOUR KEY: Levels of Difficulty

	MAJOR: Most Important
	MEDIUM: Very Important
	MINOR: Important